



## Course details

All courses listed below will be held virtually with communication via Zoom and ringing on Ringing Room. To get the best from the courses you'll need to be confident on both so if you need help to get started contact Beth (details below) for a test session.

Courses are open to any Essex ringer (you do not have to be a member of the EACR). There are no charges for any of these courses. If you have any queries then do call or email me to discuss: Beth Johnson [education@eacr.org.uk](mailto:education@eacr.org.uk) / 0779 669 1520

### Group A Foundation Skills - Mike Worboys

On this course we will practise the key skills that are the foundation for method ringing. Starting with rounds, we will understand the importance of rhythm, good striking and listening skills. We will learn about leading, placemaking and dodging, and practise them by ringing Mexican Wave. Finally, we will experience the thrills and spills of Plain Hunting!

*Criteria for students: the course assumes practical experience of rounds as a starting point and is for early stage learners, typically Levels 1 & 2 on the Learning the Ropes scheme.*

**Dates:** main sessions will be Saturday 10th and Sunday 11th 10.30am to 12 noon for approximately one hour each. A meet-and-greet session in the previous week will also be arranged.

Click [here](#) for booking link.

### Group B Plain hunt on 5 to 9 - Ian Apps

Students will be introduced to the theory of plain hunt, different ways of working out where one is ringing and develop confidence and competence. The goal will be for all students to be involved in plain hunt without a cover bell, and for it to go well!

*Criteria for students: you will need to be confident in Ringing Room and able to ring rounds and call changes and/or simple kaleidoscope, so you have a concept of places and moving your bell.*

**Dates:** practical sessions Saturday 10th 10.30am and 3.00pm for approximately one hour each. An introductory and theory session in the previous week will also be arranged.

Click [here](#) for booking link.

### Group C Tips on calling changes on higher numbers of bells - Steve Nash

Are you ever been confronted with eight, ten or twelve bells at a District practice or on an outing and asked to call some changes and experienced a feeling of dread? Well, here's how to make those calls with confidence. Steve will review calling changes in general then go on explain how to get more competent and handle higher numbers.

*Criteria for students: you will need to be confident in calling changes on five or six bells.*

**Dates:** theory session Saturday 10th 10.00am plus prospective practical session Sunday 11th, time to be arranged. Click [here](#) for booking link.

## **Group D Stepping stone methods to extend your band's skills - David Sparling**

We'll be looking at some of the less well-known methods such as Cloisters, Forward and Original, to consolidate Plain Bob as well as providing stepping stones towards Treble Bob, Stedman and even Cambridge Surprise.

*Criteria for students: suitable for people who are competent at ringing Plain Bob Minor in Ringing Room. Ideal for those running ringing sessions to broaden their approach to introducing their ringers to methods.*

**Dates:** two practical sessions on Saturday 10th April (10.30am to 12 noon, and 2.30 to 3.30pm) plus theory session Thursday 8th 7.30pm and review session 13th April 7.30pm.

Click [here](#) for booking link.

## **Group E How to learn a method and getting to ring one – Tracey Southgate/Bradley Hill**

If you can ring plain hunt confidently from several different bells, you will be ready to start ringing methods. You will start learning about the concept of the blue line and how methods work, the order (circle) of work, start and place bells, together with rules for passing the treble. You will put your knowledge to the test and put it all together by ringing Plain Bob Doubles 'inside'.

*Criteria for students: you will be able to ring plain hunt confidently on different bells, and treble to touches by counting your places.*

**Dates:** there will be two practical sessions on Saturday 10th April 10.30 to 12 noon and 2.30 to 4.00pm. There will also be a theory session on Thursday 8th April, 7.30pm and the possibility of further follow-up sessions in the week of the 12th April.

Click [here](#) for booking link.

## **Group F Beyond Bob Doubles - Fred and Mary Bone**

We will look at some simple methods to extend our Doubles repertoire. Beginning with Reverse Canterbury Pleasure Place, we will then tackle St Martin's Bob before seeing how the two can be combined to make Winchendon Place. If time permits we will also try St Simon's Bob and St Nicholas Bob.

*Students will need to be comfortable ringing touches of Plain Bob Doubles.*

**Dates:** there will be two practical sessions on Saturday 10th April 10.30 to 12 noon and 2.30 to 4.00pm. An introductory and theory session will also be arranged in the previous week.

Click [here](#) for booking link.

## **Group G Grandsire Triples - Lesley Boyle**

Grandsire is often seen as a method which is a bit tricky and the aim of this course is to get students to feel confident in their ability to ring Grandsire Triples and to have tips and tricks for keeping right. Those who are interested in conducting will also be encouraged to call straightforward touches.

*To get the most from this course you will have rung either Grandsire Doubles or Plain Bob Triples.*

**Dates:** there will be two practical sessions on Saturday 10th April 10.00 to 11am and 2.30 to 4.00pm, with a preliminary session on Tuesday 6th (time to be arranged).

Click [here](#) for booking link.

## Group H Stedman Doubles - Ruth Suggett

If you have got to grips with Plain Bob and/or Grandsire Doubles and you are ready to think a bit differently about another doubles method, then it's time to try Stedman. You will build on your existing knowledge of hunting and dodging and your experience of learning a method to ring a new one with a different kind of structure. We will aim to ring plain courses of Stedman Doubles and one simple touch.

*Criteria for students: you will be able to ring a touch of Plain Bob or Grandsire doubles confidently.*

**Dates:** there will be a theory session in the morning of Monday 5th April (time to be arranged) and practical sessions on Saturday 10th April 10.30 to 12 noon Sunday 11th April 2.30 to 4.00pm. There will also be the possibility of further follow-up sessions in the week of the 12th April.

Click [here](#) for booking link.

## Group I Principles of calling - Colin Chapman

An introduction to calling touches in methods (not call changes). What is a touch, when to say go and stop, when to call the bobs and singles, which bell to ring, how to understand printed touches, how to learn a touch and how to work out what will happen at calls. The plan is to look at Plain Bob Doubles and Minor and Grandsire Doubles, with an overview of touches in Grandsire Triples and Plain Bob Major. Other methods, e.g. Little Bob, could be covered if there is sufficient interest and time.

*Criteria: students must be confident in ringing inside to the methods they wish to call touches of.*

**Dates:** There will be two **theory/seminar sessions** for 1 to 1.5 hours each, one midweek (TBA) and one 10am Saturday 10th April. Practical sessions will be on Saturday 10th April from 12 noon to 1.30pm and 3.00 to 4.00pm, plus other times convenient to the group.

Click [here](#) for booking link.

## Group J Cambridge and beyond - John Harpole

A chance to learn Cambridge Surprise Minor for those who can already ring Stedman or Kent Treble Bob. If you can already ring Cambridge, the opportunity to ring touches and to move on to Ipswich and Beverley Surprise Minor.

**Dates:** There will be two theory sessions during the week of the 5th April (times to be arranged) and practical sessions on Saturday 10th April (10.30am to 12 noon, and 2.30 to 3.30pm). Follow-up sessions the week after may be arranged depending on students' progress.

Click [here](#) for booking link.

## Group K Handbells: starting from scratch - Paul Cammiade

Assuming face-to-face sessions are still not possible, this short theory session would encourage ringers to develop the right technique to ring handbells effectively and explain the skills needed to become a competent handbell ringer.

*Criteria for students: Paul would like students to have access to two handbells - if you do not know anyone you can borrow from then let us know when you sign up and we will aim to get handbells to you for the course.*

**Date:** one session on Bank holiday Monday 5th April, 10.30am.

Click [here](#) for booking link.

## Group L Handbells: method ringing - Paul Cammiade

You will be past the basic stage and already know how to ring handbells and want some further tuition so you can ring more minor methods. Assuming face-to-face sessions are still not possible, there will be two practical sessions on Ringing Room.

*Criteria for students: you will have been ringing handbells on Ringing Room, and will ideally have a set of e-bells (but this is not essential). You will be able to hunt with two bells and will ideally be able to achieve at least a plain course of a simple method.*

**Dates:** two one-hour sessions on Sunday 11th April, one am and one pm.

Click [here](#) for booking link.

Beth Johnson, Education Officer

[education@eacr.org.uk](mailto:education@eacr.org.uk) / 0779 669 1520